

## Katy Wayman-White On Stage Again

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Katy Wayman-White, 48-years-old, is returning to the stage at the IFPA Pro (Natural) USA Bodybuilding Championships on July 17 in Sacramento. She holds some of the most notable titles in the WNBF including the 2004 WNBF Pro America and the 2006 WNBF U.S. Cup. Last year she won the 2009 IFPA Masters Cup and the prestigious 2009 Yorton Cup as a Heavyweight.

Katy turned pro ten years ago at the 2000 INBF Capital City Championships. She is returning to the scene of her victory a decade ago looking for another win. She stands a good chance too! Her physique is one of the best in the IFPA, and you can see why!

